



\$5 OFF DUES

SPECIAL GROUP RATE

**EXTENSIVE CARDIO & WEIGHT EQUIPMENT | UNLIMITED GROUP EXERCISE CLASSES
CERTIFIED PERSONAL TRAINERS | GOLD'S STUDIO® BOUTIQUE CLASSES**



FREE 1-DAY PASS

Must be a local resident and at least 18 years of age or older. Local ID required. Not valid for any prior guest or member in the last 6 months. Not valid with any other offer or paid services. Not redeemable for cash. Participating Gold's Gyms only. Some restrictions may apply. See gym for details. © Gold's Holding Corp.

JOIN AT GOLD'S GYM WITH PROOF OF EMPLOYMENT

Contact corporatewellness@goldsgym.com with questions.

With select new Gold's Gym memberships. Commitment may be required. Must have a valid credit card or ACH on file. Must bring proof of employment. Must be at least 18 years old and a local resident with valid ID. Not redeemable for cash. Participating Gold's Gyms only. Annual fee and other restrictions may apply. © Gold's Holding Corp.