

# Your EAP: Access at your Fingertips

How to access your EAP + Work-Life Benefit 24/7 using the EAP Work-Life Website and the iConnectYou Mobile App.



#### ICONNECTYOU MOBILE APP

#### **About the App**



Members may engage with the EAP benefit via phone, video, or instant messaging through iConnectYou. The app not only allows users to initiate contact with the program, but can also be used to deliver structured telephone or video counseling. Informational resources and self-assessments are also available within the app.

#### iConnectYou Scheduler

The Scheduler allows users to book an initial conversation with one of our counselors for intake and assessment. Participants can filter counselors based on languages, time zones, areas of expertise, and can schedule a phone or video appointment.

# Logging in to the App

- 1. Download the iConnectYou App from Google Play or the App Store onto your phone
- 2. Open the App and click on Sign Up (located at the bottom of the screen)
- 3. Enter your personal details, email, password, and company passcode

#### WORK-LIFE WEBSITE

#### About the Deer Oaks Website

Users have unlimited access to our innovative Work-life website featuring resource articles, assessments, audio, and video files covering emotional well-being, health and wellness, and workplace issues as well as child care, elder care, adoption, and education. LiveConnect IM is available on the site and may be used to chat live with one of our work-life specialists. The News for You section presents information about current events.

# Website QR Code





# Logging in to the Website

Web Address: www.deeroakseap.com Click on Member Login Website Username and Password: brazosco

# CALL 24/7 FOR CONFIDENTIAL SUPPORT



(888) 993-7650

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www.deeroakseap.com